



madhukar
enlighten life

Find INNER PEACE

Goa, India

ENLIGHTEN LIFE RETREAT

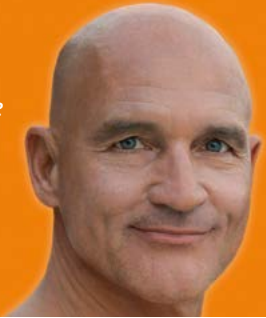
January 5 – 19, 2019

Find inner peace!

Ease and relaxation through guided meditation and provided support.
Dance amid a grove of coconut palms. Enjoy the community of free spirits!

*Enlighten Life with Madhukar. A light life. An enlightened life.
A retreat to find inner peace.*

Madhukar – modern master of the ancient Indian Advaita, likely the oldest and most effective guidance to happiness – has helped already countless people to find inner peace, through his Enlighten Life Retreats across the world



A chilled *Enlighten Life Retreat* with Madhukar in Goa, in which you learn to find inner peace.

Satsang with Madhukar, consisting of meditative silence and support, is held twice daily.

Let's explain: Satsangs are gatherings where busy minds cool down. Through silence, meditation, dialogue, music and ecstatic dance.

In Madhukar's presence and guidance you experience a tranquil state of consciousness. That enhances wisdom and nurtures your mind towards inner peace.

In Goa peace is at home – that's why everyone with a burning desire to be free feels attracted to the 'flower of India', today just like yesterday.

Arambol Beach is the place to be for spiritual people. The vibrant resort Free Flow Eco Yoga lies amid a grove of coconut palms, directly at the wide sandy beach. Simply a paradise.





Relax, heal and rejuvenate while enjoying boundless freedom: meditate, practice Yoga, surf, kite or chill-out on the beach.

Spoil yourself with a massage or detox with an Ayurveda treatment after partying, indulge in superfoods, you name it.

Yet true peace reveals in Satsang with Madhukar: Thoughts dwindling away, giving way to inner silence.

And this is your greatest bliss on that legendary Indian dream beach!

The retreat starts on January 5, 2019 at 06:00 pm and ends on January 19, 2019, after the Satsang in the morning. Retreat languages are English, German, Dutch and Russian.

In addition, free Yoga classes are offered. You are welcome to join!

www.madhukar.org





Enlighten Life

Living a life of ease

Price for retreat	980 €
Deposit / Price for students	280 €

Prices for accommodation at

Free Flow Eco Yoga Center

incl. vegetarian half board (breakfast and dinner) free WiFi and drinking water (per person/per night)

Double room 33,50 \$ (ca. 28 €)

Single room 47,00 \$ (ca. 39 €)


Bungalow:

Double occupancy 29,50 \$ (ca. 25 €)

Single occupancy 41,00 \$ (ca. 35 €)

(Exchange rate €: Nov. 2018)

Booking options

1.  PayPal
2. cash payment @ MEL Events
3. bank transfer:
Account: Merkle, B. J. Madhukar
IBAN: CH67 0900 0000 9191 8238 6
SWIFT (BIC): POFICHBEXXX
Bank: Swiss Post | Post Finance |
CH-3030 Berne

We strongly encourage you to book your place – for this retreat the number of rooms are limited. Reservation is secured with a deposit of 280 € until December 1, 2018. For cancellations by the participant a 200 € processing fee will be charged.

Information and registration for retreat and room booking

Dorothee

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WhatsApp: +91 954 5519411

Email: doro@madhukar.org

www.madhukar.org

Information retreat location

Free Flow Eco Yoga Center

Arambol Beach

Girkar Waddo 42

Arambol

Goa, India

www.freeflowspace.com

Arrival

Flight to Delhi, Mumbai or directly to Goa. There are direct charter flights from Europe. At Dabolim airport take a taxi at a fixed price from the pre-pay counter outside the airport hall to Free Flow Yoga Resort (Arambol Beach, 215 Dando, Girkar Waddo). Next train and trans-regional bus station is Mapusa.