



madhukar  
enlighten life

Find INNER PEACE

Oberstaufen, Germany

**ENLIGHTEN LIFE RETREAT**

April 18 – 23, 2019

Find inner peace!

Ease and relaxation through guided meditation and provided support. It's spring!  
Escape everyday life by collecting and focusing your attention in this Easter-Retreat.

*Enlighten Life with Madhukar. A light life. An enlightened life.  
A retreat to find inner peace.*

*Madhukar has helped already countless people to find inner peace, through his Enlighten Life Retreats across the world. He is a modern master of the ancient Indian Advaita, likely the oldest and most effective guidance to happiness.*



A relaxed *Enlighten Life Retreat* with Madhukar in Oberstaufen, where you learn to find inner peace.

Satsang, consisting of meditative silence and support, is held twice daily.

Let's explain: Satsangs are gatherings where busy minds cool down. Through silence, meditation, dialogue, music and ecstatic dance.

In Madhukar's mere presence you experience a tranquil state of consciousness. His clear guidance helps you to uncover your natural authenticity. That enhances wisdom and nurtures your mind towards inner peace.

Someone who seeks peace and freedom is naturally drawn to the mountains. Oberstaufen offers magnificent panoramic views up to the Swiss Alps. The pearl of the Allgäu combines modern lifestyle and alpine tradition in a marvelous way.





In the morning enjoy a sumptuous breakfast and then we meditate together. During lunch your eyes graze over the gently rolling hills. In the afternoon you have plenty of options to choose from: Relax and release by taking a rest, wellness & sauna, golfing, playing tennis, cycling or hiking. Bring some sturdy footwear for the legendary trek with Madhukar.

In the evening, true peace reveals itself during Satsang with Madhukar: Thoughts fade and give way to inner silence. And that is, amidst the mountains, your greatest bliss!

The retreat starts on Thursday, April 18, 2019 at 06 pm and ends April 23, 2019, after lunch at 2 pm. Retreat languages are English, Dutch and German. In addition, free Yoga classes are offered. You are welcome to join!

[www.madhukar.org](http://www.madhukar.org)



# Enlighten Life

*Living a life of ease*

Price	485 €
Deposit / Price for students	175 €

<b>Prices for vegetarian fullboard</b> <i>(per person/ per night)</i>	
Single Room	116 €
Double Room	99 €

*The city of Oberstaufen charges a visitor's tax of currently 2,60 € per night.*

## Register here:

<https://madhukar.org/de/event/enlighten-life-oberstaufen/>

## You need help?

Shivani  
+49 171 2174338  
shivani@madhukar.org  
[www.madhukar.org](http://www.madhukar.org)

## Room booking

Hotel evviva!  
Karl-Heinz Riedle Aktiv- und Tagungshotel  
Kalzhoferstr. 50  
D-87534 Oberstaufen  
+49 8386 93290  
info@evviva.de  
[www.evviva.de](http://www.evviva.de)

## Booking options

1.  **PayPal**
2. cash payment @ MEL Events
3. bank transfer:  
Account: Merkle, B. J. Madhukar  
IBAN: DE28 3702 0090 0364 6030 45  
SWIFT (BIC): HYVEDEMM429

To sign up all you need to do is make a payment or deposit of 175 €. In case of cancellation we retain an administrative fee of 175 €.

## Arrival

Drive on the A7 until the Allgäu triangle. From the A 81, from Singen on, drive to Oberstaufen via Friedrichshafen. The hotel evviva! is located on the outskirts and is signposted.