



madhukar
enlighten life

Find Inner Peace

Tiruvannamalai, South India

ENLIGHTEN LIFE SILENCE-RETREAT

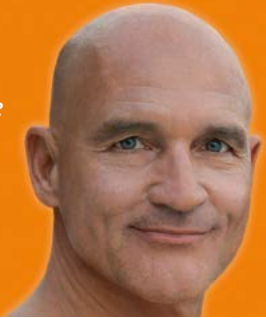
February 3 – 23, 2019

Find inner peace!

An intensive silence retreat at the foot of the holy mountain Arunachala. For three weeks all your attention is directed inward. Set out for a live-changing experience!

*Enlighten Life with Madhukar. A light life. An enlightened life.
A retreat to find inner peace.*

Madhukar – modern master of the ancient Indian Advaita, likely the oldest and most effective guidance to happiness – has helped already countless people to find inner peace, through his Enlighten Life Retreats across the world



Experience and enjoy the presence of a living master in daily Satsang, guiding you home.

Satsang with Madhukar, consisting of meditative silence and support, is held twice daily in the most beautiful Ashram in Tiruvannamalai.

Let's explain: Satsangs are gatherings where busy minds cool down. Through silence, meditation, dialogue, chanting and ecstatic dance.

In Madhukar's presence and guidance you experience a tranquil state of consciousness. That enhances wisdom and

nurtures your mind towards inner peace. He is a direct disciple of Papaji (Sri H.W.L. Poonja), the „Lion of Lucknow“, whose Guru was the famous sage of Arunachala, Sri Ramana Maharshi.

The serene beauty of Arunachala is the place for this courageous dive into oneself. You agree to shut down all digital devices and to take a strict vow of silence.

The Pradakshina, a pilgrimage around the sacred mountain during full moon, wonderful walks to the golden pond and sitting in Ramana Maharshi's living room are additional highlights to deepen the





silence within you. Hence you will immerse into utter silence truly beyond imagination. Yoga at sunrise and a healing vegetarian-ayurvedic detox diet revives your body and clears your mind.

Arising questions can be clarified with Madhukar during Satsang. While fading thoughts clear the space again for the beauty surrounding you, the master is guiding you deeper and deeper into silence – a revelation unfolds!

The retreat starts on February 3, 2019 at 01:00 pm and ends on February 23, 2019, after lunch.

Retreat languages are English, German, Dutch and Russian.

In addition, free Chanting and Yoga classes are offered. You are welcome to join!

www.madhukar.org



Enlighten Life

Living a life of ease

Price for the retreat	1.690 €
Deposit / Price for students	490 €

Prices for vegetarian full board (per person/per night)		
Single bungalow (only 2 available)	1.925 INR	(ca. 23 €)
Single room big (only 5 available)	1.925 INR	(ca. 23 €)
Double bungalow	1.300 INR	(ca. 16 €)
Single room	1.050 INR	(ca. 13 €)
Dormitory	850 INR	(ca. 11 €)

(Exchange rate €: Nov. 2018)

Information and registration for retreat and room booking

Satya

Phone/WhatsApp: +43 699 1050119

Email: satya@madhukar.org

Amrita

Phone/WhatsApp: +7 905 7072260

Email: amrita@madhukar.org

www.madhukar.org

Information retreat location

Center for Bharathiya Dharmic and Cultural Studies

38 Girivalam Road, Adiannamalai

Tiruvannamalai, Tamil Nadu 606604


South India

While residing in the Ashram the following

rules apply: Consumption of alcohol, tobacco and drugs is strictly forbidden.

According to tradition, clothing colors are orange and white. Women dress in Indian style, covering necks, shoulders and décolleté.

Booking options

1.  PayPal
2. cash payment @ MEL Events
3. bank transfer:
Account: Merkle, B. J. Madhukar
IBAN: CH67 0900 0000 9191 8238 6
SWIFT (BIC): POFICHBEXXX
Bank: Swiss Post | Post Finance |
CH-3030 Berne

We strongly encourage you to book your place – this retreat fills up quickly. Reservation is secured with a deposit of 490 € until December 1, 2018. For cancellations by the participant a 200 € processing fee will be charged.

Early booking discount

Registrations with full payment before November 1, 2018, receive a discount of 50 €.

Arrival

Tiruvannamalai is located in the federal state of Tamil Nadu, South India. The next airports are Chennai and Bangalore. From there take a taxi (approx. 3 hrs. for about 3.150 - 3.300 INR/~50 €) or a much cheaper bus directly to Tiruvannamalai.

Insider tip

Participants of the *Enlighten Life Retreat* in Goa travel at low cost by train or bus to Tiruvannamalai. Certainly you can join somebody!